

FISCAL YEARS 2023/24, 2024/25, AND 2025/26.

# Measure X Senior & Disabled Transportation Program

Program Application

## Required Contents

Applications are due via email to Aaron Hernandez, program coordinator,  
([aaron@tamcmonterey.org](mailto:aaron@tamcmonterey.org)) on **Thursday, December 1, 2022 at 12:00 P.M. PST.**

The application must be submitted in the format noted below and include:

- x Proposal Signature Page (PDF format)
- x Program Application (Word Document)
- x Project Budget (Excel Spreadsheet)
- x Project Timeline (Word Document)



## Proposal Signature Page

If selected for funding, the information contained in this application will become the foundation of the **Funding Agreement** with TAMC. To the best of my knowledge, all information contained in this application is true and correct.

**Signed:**

**Print Name:**

Lynn Young

**Title:**

Executive Director

**Date:**

11/22/2022

## Applicant Information

**Implementing Organization's Name:** Josephine Kernes Memorial Pool

**Grant Amount Request:** \$286,200

**Contact (name and title):** Lynn Young, Executive Director

**Contact Email:** office@kernespool.org

**Contact Phone Number:** 831-643-9867

If the applicant is not a 501(c)(3) organization, then the applicant must partner with an organization that is and can serve as a fiscal sponsor. The applicant must complete the following information about the fiscal sponsor.

**Name of Fiscal Sponsor:**

**Contact (name and title):**

**Contact Email:**

**Contact Phone Number:**

**Tax ID #:**

## Program Application

### Project Title

*Provide a brief project title.*

Transportation for Seniors and People with Disabilities to Receive Therapeutic Aquatic Services at the Josephine Kernes Memorial Pool.

### Organization's History

*Provide a brief description of your organization's history providing services to seniors and/or people with disabilities in Monterey County.*

Founded in 1972, Kernes Adaptive Aquatics at the Josephine Kernes Memorial Pool (Kernes Pool) serves as many as 100 Monterey County residents each week who have disabilities that benefit from therapeutic aquatic exercise. Kernes Pool is the only organization on the Central Coast that provides adaptive aquatic services without limit on the type of disability, duration of need, or ability to pay. We specialize in serving patients who need personalized programs and full-assistance in the water, including seniors and frail elderly, children with special needs, and severely involved adults. Clients also include those with chronic, acute or terminal conditions who are unable to engage in needed exercise and movement in other ways, and low income patients rehabilitating from illness, injury or surgery.

### Project Summary and Need (1,000 words max.)

*Describe the project to be funded, including the main services provided and any expected project deliverables. Explain the transportation need that the project is addressing.*

This project is a ride subsidy program to provide low and very low income senior and disabled residents of Monterey County with reliable transportation services to enable them to attend therapeutic aquatic appointments. The program ensures that people and their caregivers who have limited transportation options are able to fully participate in their therapeutic exercise programs. Kernes Pool

contracts client transportation services through a handicap accessible taxi service, a non-emergency medical transportation provider, or by referring clients to senior transportation organizations. Transportation services are provided for all income qualifying clients who need assistance. Priority is given to clients who reside a long distance from Kernes Pool, or do not have other safe, accessible or reliable transportation to their appointments.

This project fills a gap in the transportation needs of seniors and/or people with disabilities by assisting clients who travel long distances, or who are unable to access other transportation services due to specialized needs. Paratransit services can require extended transportation times to and from South County to scheduled appointments at Kernes Pool in Monterey. Prior to receiving TAMC Measure X grant funding, it was not uncommon for Soledad and King City clients to spend three or more hours in transit only to miss their appointment and spend three more hours to return home without having received health services. Caregivers often had to take separate public transportation, and could miss a full day's work in order to secure necessary exercise for their family members.

Regular exercise for people with disabilities is necessary to maintain maximum mobility, and to mitigate secondary medical conditions such as bed sores, arthritis, diabetes, obesity and heart disease. Participating at Kernes Pool provides the opportunity for clients and their families to live more independent and productive lives. Measure X grant funding makes this possible.

*How many part-time, full-time staff and/or volunteers will be involved in implementing the proposal?*

Kernes' Executive Director, a full time staff person, administers the program. The Associate Director, a full-time staff person, coordinates the program. Two full-time Aquatic Instructors evaluate transportation needs and confirm scheduling between clients and the transportation companies. These four staff members are involved part-time in implementing the proposal according to their assigned duties.

## Project Questions

Applicants must answer the following questions, **as applicable**. If a question does not apply to the project, indicate “not applicable” **with a brief explanation**. Do not leave blank fields. *Answers are limited to 500 words for each question.* **Program Purpose & Goals – 25 points**

1. Explain how your organization currently supports the transportation needs of seniors and/or people with disabilities. *(500 words max.)*

Although Kernes Pool has been providing therapeutic aquatic services to senior and disabled residents of Monterey County for 50 years, prior to receiving Measure X Funding we were unable to assist clients with transportation to and from their appointments. Through this grant, our most vulnerable clients who live long distances from Kernes Pool, or who have specialized needs, have been able to attend their sessions regularly and on time. Now they and their caregivers are picked up from and returned directly to their homes after their program. This ensures that they receive the regular health services they need, and protects them from weather exposure after being in the pool. Regular therapeutic exercise enables senior and disabled residents to maintain maximum health, independence, and quality of life.

2. Does your organization provide transportation or purchase transportation from others? Explain. *(500 words max.)*

Kernes Pool contracts with ITN *Monterey County* to provide rides for seniors and people with disabilities if appropriate for their capabilities. We also contract with Freedom Medical Transportation for non-emergency medical transport as needed by clients who use motorized wheelchairs and require caregiver attendance, who are unable to sit upright, or who may be receiving palliative or hospice care that requires additional transport assistance.

3. Explain how the project coordinates with, and avoids duplication of, other efforts in the county to increase (provide new or alternate) transportation services to seniors and/or people with disabilities. *(500 words max.)*

This project provides alternate transportation to meet the needs of seniors and/or people with disabilities who travel long distances, or who are unable to access other transportation services due to specialized needs. Paratransit services in outlying areas of County can require extended transportation times to and from scheduled appointments in Monterey, and may not be easily accessible for vulnerable people with special needs and their caregivers. Direct transport from home to appointments and back home is dependable and safe. It prevents problems associated with waiting curbside for rides in inclement weather, or missing a ride home altogether. It also allows seniors with cognitive challenges and people with acute disabilities to be accompanied by their caregivers, who can address any needs they may have during travel. TAMC Measure X grant funding is a tremendous help to our clients and their families.

### **Program Benefits – 30 points**

4. Explain how the Measure X grant funding will increase (provide new or alternate) transportation services to:
  - a. Give seniors more transportation options. *(500 words max.)*

Surveys completed by our senior clients say that being able to come to their sessions at Kernes Pool is a significant factor in their ability to live as independently as possible. Because sessions are scheduled specifically for each person, reliable transportation is essential to being able to participate and benefit from the program. Clients tell us that they especially enjoy their program because the transportation is 'worry free'. They know that they will arrive on time and will be able to get home again without added stress. A prompt return home can be important due to health concerns like low body temperature or blood glucose level. (Please see information in Section C)

b. Support independent travel by people with disabilities. (500 words max.)

All clients who participate at Kernes Pool are disabled or seniors. Many are able to drive or have rides provided by caregivers. For our clients who have few transportation options, particularly those who are extremely low-income, are only Spanish-speaking, or who have severe physical or developmental challenges, TAMC Measure X rides make the difference in being able to access a vital health service. They and their families tell us that they look forward to coming to Pool knowing that the ride to and from their program will be safe and comfortable. (Please see information in Section C)

c. Provide safer and more reliable senior transportation services. (500 words max.)

TAMC Measure X grant funding is providing safer and more reliable transportation services for Monterey County low-income seniors and people with disabilities to attend therapeutic appointments at Kernes Pool. This funding is significantly benefitting people who travel long distances or who need specialized services and are disadvantaged by the length of travel time, reliability and navigability of public transportation services available to them. It is also enabling clients to remain warm and attended during their ride home, thus preventing adverse effects of waiting in weather with damp hair or clothing. This is particularly important for people with conditions that contribute to inadequate body thermoregulation, where hypothermia can be life threatening. Direct transportation through non-emergency medical transportation services and other service providers enables these Monterey County residents to safely access the same health services as those who have greater transportation or financial resources.

### Feasibility – 15 points

5. Are there any actions required by other organizations to implement the proposed project? (500 words max.)

No

6. What will happen to the proposed project if Measure X grant funding is not awarded (e.g. loss of matching funds, impacts on overall project vision, project momentum, timing difficulties, etc.)? (500 words max.)

Kernes Pool is very grateful to receive TAMC Measure X funding. Without this grant, we cannot provide specialized assistance to seniors and people with disabilities who do not have good transportation options. Sessions are scheduled to maximize each person's needs and the capacity of the facility and program. This is particularly impacted by the extensive Covid-19 mitigation measures that limit the number of people that can be assisted in the pool at a time. If clients arrive late for their appointment, they are not able to participate and have to return home, often after they and their family member have spent considerable time on the road. This grant makes it possible for Kernes' most vulnerable clients to a) attend their sessions regularly and on time, b) return home directly without waiting curbside for transportation, and c) to be accompanied by their caregivers. Without safe and dependable transportation, these Monterey County residents may not be able to adequately access the health care services they need. TAMC Measure X grant funding is significantly improving their lives.

### **Geographic Equity – 15 points**

7. Identify which sub-area of Monterey County (North Monterey County, Greater Salinas Area, Monterey Peninsula, South Monterey County, Big Sur Coast) this project will benefit. (500 words max.)

The Josephine Kernes Memorial Pool in Monterey serves senior and disabled people from all areas of Monterey County who require specialized adaptive exercise services. More than half of Kernes clients are within Monterey County's low and very low income level designations, and most have incomes below the National Poverty Level. This program will benefit all income-qualifying clients from Monterey County who require supportive transportation services to attend their programs at Kernes Pool. Priority will be given to Monterey County residents who require wheelchair accessible

transportation for themselves and their caregivers, or who do not qualify for other transportation services due to special needs.

8. Identify which sub-areas (North Monterey County, Greater Salinas Area, Monterey Peninsula, South Monterey County, Big Sur Coast) the proposed project will provide trips. (500 words max.)

All income-qualifying seniors and people with disabilities from throughout Monterey County will be eligible to receive supportive transportation services through this transportation program. However, residents of Castroville, Carmel Valley, Salinas, Soledad, and King City who require wheelchair accessible transportation for themselves and their caregivers are particularly challenged in using County paratransit services due to the distances to and from their homes, and the difficulty of arriving on time for scheduled appointments. Because Kernes Pool's staff are bi-cultural and bi-lingual, many of our clients are from Spanish-speaking communities in Castroville, Salinas and South County. Trips provided to and from Kernes Pool through TAMC Measure X grant funding enables all people and their caregivers to safely attend weekly therapeutic sessions regardless of their distance from the facility.

9. Describe partnerships with other entities and their corresponding roles (if any) in the proposed project. (500 words max.)

Kernes contracts with ITN Monterey County's Central Coast Senior Services transportation program. TAMC Measure X grant funding is also used for fully-assisted transportation services to and from the Pool through Freedom Medical Transportation when needed.

### **Cost Effectiveness – 15 points**

10. Explain how your organization's services are provided:

a. Number of trips and average cost per trip. (500 words max.)

Approximately 30 rides are provided to and from Kernes Pool each month. Costs vary according to geographic area and specialized needs. Non-medical rides on the Monterey Peninsula average \$22 per ride. From Salinas, and South and North Monterey County, non-medical rides average \$32 per ride. Medical rides from Soledad average \$212 per ride. The average combined cost for rides is currently \$4,800 per month due to increased need for medical transportation services. As the only organization and facility that provides no- and low-cost, bi-lingual therapeutic aquatics for Monterey County, it is anticipated that the need for specialized services and medical transportation at Kernes Pool will continue to grow.

- b. Number of non-trip mobility services provided and average cost per non-trip mobility service provided. (500 words max.)

Non-trip mobility services provided include program administration, contracts and accounting, client enrollment, income verification, mobility evaluations, and coordinating and scheduling client rides. The average combined cost for these services is \$2,300 per month.

11. Submit a completed Project Budget. Included

*The project budget provides a cost estimate reflecting all costs associated with the project by fiscal year. Identify costs to be funded by the Measure X grant and costs covered by other funding sources (see **Appendix A** of the Program Guidelines for a sample Project Budget template).*

*Project Budget*

**Josephine Kernes Memorial Pool: Transportation Subsidies for Seniors and People with Disabilities**

<b>EXPENSES</b>	<b>TOTAL Measure X Budget</b>	<b>FY 23/24</b>	<b>FY 24/25</b>	<b>FY 25/26</b>	<b>TOTAL Matching Funds</b>	<b>TOTAL Project Cost</b>
<b>Personel Expenses</b>						
Salary Program Manager	\$ 43,200.00	\$ 14,400.00	\$ 14,400.00	\$ 14,400.00	\$ -	\$ 43,200.00
Program Administration	\$ 9,000.00	\$ 9,000.00	\$ 9,000.00	\$ 9,000.00	\$ 18,000.00	\$ 27,000.00
Taxes and Benefits	\$ -	\$ 4,400.00	\$ 4,400.00	\$ 4,400.00	\$ 13,200.00	\$ 13,200.00
<b>Total Personel Expenses</b>	<b>\$ 52,200.00</b>	<b>\$ 27,800.00</b>	<b>\$ 27,800.00</b>	<b>\$ 27,800.00</b>	<b>\$ 31,200.00</b>	<b>\$ 83,400.00</b>
<b>Other Expenses</b>						
Publications	\$ -	\$ 600.00	\$ 600.00	\$ 600.00	\$ 1,800.00	\$ 1,800.00
Rent and Utilities	\$ -	\$ 18,000.00	\$ 18,000.00	\$ 18,000.00	\$ 54,000.00	\$ 54,000.00
Transportation Subsidies	\$ 234,000.00	\$ 78,000.00	\$ 78,000.00	\$ 78,000.00	\$ -	\$ 234,000.00
<b>Total Other Expenses</b>	<b>\$ 234,000.00</b>	<b>\$ 96,600.00</b>	<b>\$ 96,600.00</b>	<b>\$ 96,600.00</b>	<b>\$ 55,800.00</b>	<b>\$ 289,800.00</b>
<b>TOTAL GRANT REQUEST</b>	<b>\$ 286,200.00</b>	<b>\$ 124,400.00</b>	<b>\$ 124,400.00</b>	<b>\$ 124,400.00</b>	<b>\$ 87,000.00</b>	<b>\$ 373,200.00</b>



FISCAL YEARS 2023/24, 2024/25, AND 2025/26.

# Measure X Senior & Disabled Transportation Program

Project Timeline

## Required Contents

The project timeline must outline the main tasks needed to implement the project and include a timeline to complete each task. Sample project tasks are provided below.

**Name of Organization:** Josephine Kernes Memorial Pool: Transportation for Seniors and People with Disabilities to Receive Therapeutic Aquatic Services

---

## Project Tasks

### 1. Community Outreach

Task 1.1 Provide Transportation Information to Clients, Caregivers, Referring Agencies, and the Public

- **Brief Task Description:** *Conduct Public Outreach: Disseminate Handouts to Stakeholders; Website and Newsletter Postings*
- **Project Deliverable:** *Flyers, Website Posting, Newsletters*
- **Expected Completion Date:** *Ongoing*

### 2. Transportation Services

Task 2.1 Coordinate Client Enrollment

- **Brief Task Description:** *Screen and Enroll Qualifying Clients*
- **Project Deliverable:** *Client Transportation Application and Agreement*
- **Expected Completion Date:** *Ongoing*

Task 2.2 Manage Transportation Services

- **Brief Task Description:** *Schedule Clients and Rides and Maintain Attendance Records*
- **Project Deliverable:** *Attendance and Travel Logs*
- **Expected Completion Date:** *Ongoing*

### **3. Program and Fiscal Management**

#### Task 3.1 Contract Management

- **Brief Task Description:** *Set up/Maintain Transportation Contracts*
- **Project Deliverable:** *Transportation Contracts*
- **Expected Completion Date:** *Ongoing*

#### Task 3.2 Accounting and Accounts Payable

- **Brief Task Description:** *Maintain Program Accounting, Invoicing, and Payments*
- **Project Deliverable:** *Accounting Records and Transportation Invoices*
- **Expected Completion Date:** *Ongoing*

#### Task 3.3 Quarterly and Annual Grant Reporting

- **Brief Task Description:** *Complete and Submit Quarterly and Annual Grant Reports*
- **Project Deliverable:** *Quarterly and Annual Grant Reports*
- **Expected Completion Date:** *FYs 2023 – 2026*